



**N° 0002**

*Tuesday April 7, 2020*

KOMERAKids is a brochure designed to help encourage and motivate children between the ages of 7 - 10yrs, during this time of confinement.

We hope for them to learn things about God and themselves, all while having fun!

Shalom!

for *KOMERAKids!*  
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Brochure free to  
download on:

**[www.lahoulette.be](http://www.lahoulette.be)**

***Dear adventurer,***

**« KOMERA! »**

**How are you?**

**Last week you received the first brochure of KOMERAKids!  
I hope you were able to read everything and have some fun while  
learning something important.**

**Would you like to let us know how you enjoyed the adventure?**

**Were you able to do the « emo-meter » every day?**

**Did you achieve the goal of the week?**

**Then send us an email to tell us all about it (max: half a page.)  
So, are you ready to continue the adventure? Yes? Alright! Let's go!**

***for KOMERAKids!  
Clémentine INGABIRE***

***Email: [komera.kidsen@yahoo.com](mailto:komera.kidsen@yahoo.com)***

# LET'S DISCOVER...

## JEREMIAH

Bible  
references:

Jeremiah 1:1  
Jeremiah 1:4-5

### A prophet:

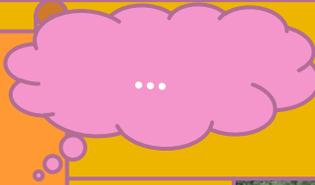
A prophet is someone who God sends to the people to tell them what He has to say. God's goal is to turn people to Himself!

### Try answering these questions:

1. Who was Jeremiah and where did he come from?
2. What was Jeremiah's mission?
3. When did God appoint (choose) Jeremiah for this mission?

You can send your answers to  
[komera.kidsen@yahoo.com](mailto:komera.kidsen@yahoo.com)

# To think about



- ✓ Just like Jeremiah, God knew you before He created you in your mother's womb. Did you know that?
- ✓ God also has a plan for your life and the Bible tells us that it is a marvellous plan! Just look at Jeremiah 29:11! In this verse, God tells us that He wants happiness and a good future for you!!!
- ✓ God is able to tell you what it is He wants to do through you, the reason why He created you. Just as He revealed it to Jeremiah, He can also reveal it to you. Now maybe a good time for you to stop and listen for awhile, come to Him and ask Him, listen to what He may be saying to you?
- ✓ God also calls children to serve Him!! You may think that He only calls adults to serve, but that is not true! He also calls children! There's a great example of this in 1 Samuel 2:11

« Take a moment to thank God for His love and goodness for you »

## A truth to keep in your heart:

God knows you so well and He loves you very much. You are precious to Him because He is the One who made you!

**You are not a result of coincidence; you are not an accident.**

**GOD WANTS YOU!!**



So.. from now on, remember that **YOU ARE VALUABLE TO GOD!** Not because of what you do, but because He created you and loves you!





***It's team work!***

**Goal: « let's create a nice atmosphere in the house! »** If you have brothers or sisters, let's be kind to them this week! Stop fighting with each other or saying unkind things to them. This week, do all that you can to be kind to everyone in the house.  
**I'm counting on you!**

**To have a fun time with your family, make a desert for Easter! Go to [www.lahoulette.be](http://www.lahoulette.be) to find the recipe.**

### **If you have homework to do...**

Last week I told you that it is important to take a break when you have your homework to do. Do you know why that is important?

It is because your brain becomes tired when it has to focus for a long period. Therefore, you need to give it time to rest. When you restart, you will work better!

### **Challenge of the week...**

Try to come up with something funny that will make your family laugh (a video, joke, funny role play, ...)

If possible, try to find one every day or every other day!

We would love it if you let us know what you did! 😊

**ENJOY THE ADVENTURE!**

# *In good shape !*

## Take care of your body:

It is important to have a good bedtime routine!

Did you know that at your age your body needs 10 hours of sleep a night so that it gets enough rest to grow well?

So, when it is time to go to bed, don't complain or try to stay up later, just go to bed. Your body needs you to rest!

I count on you!

## « What's the weather like today? »

I want to tell you about, what we call « **basic emotions** ». They will help you to express what "the weather" is like today. The basic emotions are: Joy, anger, sadness, fear, disgust and surprise.

I will explain every one of them more in detail over the next few weeks.

An emotion is a **sign** which tells us that we have a need. If that need is met, we will have a positive emotion but if that need is not met, then we will have a negative emotion.

**So every emotion is connected to a need!**

It is important for you to learn to recognize the emotions you feel and learn how to express them in the **best way possible**. That will help you in your life and your relationships with other people.

# Did you know...

A child who is called by God to serve (to do a task), also needs an adult to guide him.

1 SAMUEL 3:1-10

Listening to your mentor will help you succeed in your calling!  
Don't forget that!

- ✓ Whenever God calls someone to serve Him, that person also needs a **mentor** to help him in his calling (task). It is no different for children.
- ✓ Samuel started serving God when he was just a child, but he served under the guidance of Eli the priest. He explained to Samuel the things he didn't understand yet!
- ✓ So the same counts for you. If you believe that God is calling you to do something specific, talk about it with your parents, Sunday school teacher or even your pastor; they will help you on your way.