



# N° 0004

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*KOMERAKids is a brochure designed to help encourage and motivate children between the ages of 7 - 10yrs, during this time of confinement.*

*We hope for them to learn things about God and themselves, all while having fun!*

*Shalom!*

*for KOMERAKids!  
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Brochure free to  
download on:  
[www.lahoulette.be](http://www.lahoulette.be)

# Dear adventurer,

**KOMERA!**

*How is your trip going?*

*As you are enjoying the view from above, I would like to tell you a story.*

*One day an adventurer took a flight to visit members of their family who live on another continent. The day of her departure, it was rainy and grey.*

*However, a few minutes after the aeroplane took off, she began to see the sunlight. The higher the aeroplane went, the more sunlight there was. The aeroplane climbed higher and higher, till the clouds were well below the aeroplane.*

*She had a magnificent view, rays of sunlight shone on the white clouds! She said to herself, "actually, the sun is always shining brightly, but it is the grey clouds that sometimes hide it from us!"*

*Do you know that this is what happens between humans and God? God loves people so much, but sometimes there are things that come between people and God. We can then begin to think that God is no longer there or that He no longer loves us. But God is still there, he always is, and he loves us very much!*

*Have a nice trip!*

# LET'S DISCOVER...

**DANIEL**

Bible references:  
Daniel 1:8-9  
Daniel 1:16

## **Daniel 1:8-9**

*« But Daniel was determined not to defile himself (making unclean) by eating the food and wine given to them by the king. He asked the chief of staff for permission not to eat these unacceptable foods. Now God had given the chief of staff both respect and affection for Daniel. »*

## **Daniel 1:16**

*« So after that, the attendant fed them only vegetables instead of the food and wine provided for the others. »*

New Living Translation (NLT)

## Try answering these questions?

1. What decision did Daniel make?
2. What did he do after making that decision?
3. Who do you think allowed Daniel to find favour with the chief of staff? And why?
4. What was the result of Daniel's way of dealing with the situation?

You can send your answers to [komera.kidsen@yahoo.com](mailto:komera.kidsen@yahoo.com)



An idol is anything and anyone that we put before God. What we give first place to in our thoughts and in our heart. That place belongs to God.

## What was the problem with the king's meal?

Daniel was a Jew - he was part of the people of Israel. They had made a covenant (an agreement) with the Lord, the God of Israel. This covenant meant that God would be their only God, they would be his people.

There were a few conditions to that covenant. For example: they wouldn't have other gods besides the Lord, wouldn't eat unclean animals or animals sacrificed to idols. Doing this could defile Israel and create distance between them and God.

Deuteronomy 14: 1-21

The king of Babylon did not know the Lord, nor his Word. He prayed to idols and made sacrifices to them. He also ate unclean animals.

So, if Daniel was to eat the King of Babylon's dishes, he would have disobeyed God. By eating unclean food he would have made himself unclean which would have created distance between him and God.

# To think about

- ✓ Daniel was young and lived in a foreign land, but he knew what the covenant with God meant. He took it seriously and respected the conditions. But, how do you think he knew about the covenant from such a young age?

To make a covenant with God means to start a relationship with Him. In that relationship we promise He will be the only God we love, pray to and we will follow.



*And you, do you have a relationship with God?*

*If yes, do you know what He asks of you? What makes Him happy?*

*If no, maybe it is a good moment to consider a relationship with Him?*

- ✓ Sometimes things can seem innocent but are actually sinful and they make God sad. Those things then cause a distance between us and God, which is not what He wants. He wants to be close to us.  
Can you think of a situation when someone suggested to you to do something that you knew in your heart was wrong? How did you respond?
- ✓ Sin puts itself between man and God, it separates us. The Bible says that God is holy (without sin). It is because of God's holiness that He cannot have sin in His presence.

When we have a relationship with God, we will want to do God's will, follow His ways and listen to Him. God will help us with that, because He loves us very much!

**Sin is missing the mark!**  
Sin is any thought, attitude or action that does not agree with God's Word and thoughts.

If you sin (don't do what God asks), God cannot do what He has planned for your life. Last time we read that He has good plans for you. So, to sin is actually missing out on God's purpose for your life.



# *It's team work!*

## Goal: « let's create a nice atmosphere in the house! »

To have a good time with your family, try organizing « theme evenings ». You can organize them in pairs and take turns! This allows you to prepare them well and make them more fun.

Be creative: think about the decor, the place (living room, bedroom, kitchen, ...) and how the evening will go. To give you some ideas: organize a song evening, storytelling evening, dance evening, joke evening, an evening where parents tell their childhood stories, or an adventure evening, etc. Have fun!

## If you have homework to do...

Did you succeed in making a timetable? And were you able to follow it?

In order to stay well organised, try to avoid your notes from different subjects becoming mixed up. Organise them into folders and keep everything in one place instead of spread out in different rooms! If you need to, ask your parents to help you with it.

## Challenge of the week...

Find qualities or talents... that you appreciate in your family members and tell them one every day!

Tip: tell them in a creative way, for example, through a song, a mime, or by writing a little note and leaving it on the person's pillow, ...

**Have a great adventure!**

# *In good shape !*

## Take care of your body:

Reduce screen time, even during the day!

Did you know that spending a lot of time playing on the computer, phone or playing video games, etc. is not good for you in several ways? For example; It can influence your ability to learn certain skills like handwriting or logical thinking (check out the flyer on [www.lahoulette.be](http://www.lahoulette.be)).

It would be good for you to talk with your parents and think about ways you can reduce the time spent on screens.

## What's the weather like today? ...

Last time, I talked about how to respond to the needs that are at the root of a negative emotion. When we respond well, that negative emotion will then slowly disappear.

That is true, but sometimes it's a bit more complicated than that! In fact, when something hurts your heart, you have what is called an **"emotional wound"**. To explain the healing process of an emotional wound, I will compare it with a physical wound.

For example, when you fall and the wound isn't too serious, your parents will treat the wound at home. Within a few days it will be healed. But, if the injury is serious, your parents might need to take you to the hospital so that a specialist can treat it. Sometimes you need to take medicine or have surgery, or even stay at the hospital for a while. In those cases, it can take a longer time for you to be healed.

It can be the same with an emotional wound. When it isn't too deep, parents can help their children by listening and talking together... and then the wound should heal quite quickly. But sometimes that wound goes deeper and the negative emotion doesn't go away quickly. It may be that it takes a little longer for the wound to heal. In those cases it can also help to go to see a specialist to treat the emotional wound!

Maybe you feel you have a wound that isn't healing easily? Talk about it with your parents.

# Did you know...

God made the first human beings, Adam and Eve. They did not sin. They had a good relationship with God.

Sadly, Adam and Eve disobeyed God and ate fruit from the tree which God told them not to eat. Genesis 2:15-17

Adam and Eve wanted to do what they wanted and so sinned.

Every one of us is a descendant of Adam and Eve. They passed on to us, what is called, the sinful nature.

The sinful nature means wanting to do you own will and living without God. The sinful nature causes people to do bad things. Gen 6:5  
That is why people can be selfish, mean, disrespectful, steal, and murder,

**Good news!**

**Fortunately**

**God loves people so very much that He provided an amazing solution!!**

**He did everything so that we can have a relationship with Him despite our sinful nature!**

**You'll discover more about this in the next KomeraKids!**